



1266 Soquel Ave., Santa Cruz • 831-423-8632 • www.staffoflifemarket.com

February 2019

STORE HOURS:
 Mon-Fri 7:30 am-9 pm
 Sat-Sun 8 am-9 pm

Late July
 Organic Crackers

2/\$5
 6 oz



Alter Eco
 Organic Chocolate Bar

2/\$5
 2.65-2.82 oz



Amy's
 Organic Soup
 (selected varieties)

2/\$5
 14.1-14.5 oz



R.W. Knudsen
 Organic
 Tomato Juice

\$2⁹⁹
 32 oz



Coconut Bliss
 Organic Non-Dairy
 Frozen Dessert

\$4⁴⁹
 1 pt



Hope
 Organic Hummus

2/\$6
 8 oz



GT's
 Organic
 Kombucha

\$2⁷⁹
 16 oz



Justin's
 Organic
 Peanut Butter Cups

3/\$4
 1.4 oz



Garden of Eatin'
 Blue Corn
 Tortilla Chips

2/\$6
 16 oz



Yogi
 Tea

2/\$6
 16 ct



So Delicious
 Organic
 Coconut Milk

\$3²⁹
 64 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

61701 333330 2/1/2019 1



1266 Soquel Ave., Santa Cruz
831-423-8632 • www.staffoflifemarket.com

Crofter's Organic
Organic
Premium Spread
(selected varieties)

\$3⁷⁹

16.5 oz



Immaculate Baking
Organic Flaky Biscuits

2/\$6
16 oz



HAZELNUT HEART COOKIES

2 cups organic all purpose flour
1/2 cup unsalted butter, softened
1/2 cup organic cane sugar
1/3 cup ground hazelnuts
Crofter's Organic Raspberry
Just Fruit Spread (as much
needed to assemble cookies)
Sugar Topping
1 tsp. vanilla sugar
1 tsp. organic cane sugar



Preheat oven to about 350°F and prepare a baking sheet lined with parchment paper.

Mix flour, butter, cane sugar and hazelnuts and work into a smooth dough. If mixture is too crumbly, add a bit more softened butter.

Roll dough out on a smooth surface and cut out hearts with a cookie cutter.

Place hearts on baking sheet and bake until golden.

Let hearts cool until you can handle them, and spread raspberry spread on one cookie and place another on top.

Mix the vanilla sugar and cane sugar and dip hearts in sugar mixture while still warm.

CROFTER'S[®]
ORGANIC

FRUIT SPREADS THAT CARE
FOR PEOPLE AND THE PLANET

We take care to source heritage varieties of organic and non gmo fruit from suppliers that support traditional agricultural communities in the best fruit growing regions around the world.



33% LESS SUGAR
THAN A PRESERVE
TO CROFTER'S JUST FRUIT SPREAD

- ✓ GREAT FRUIT TASTE
- ✓ CLEAN INGREDIENTS
- ✓ GLUTEN FREE ✓ VEGAN



MORE GREAT RECIPES AT CROFTERSORGANIC.COM

Arrowhead Mills
Buttermilk
Pancake Mix

\$3⁶⁹

26 oz



Silk
AlmondMilk
(selected varieties)

\$3²⁹

64 oz



Brown Cow
Cream Top Whole Milk
Yogurt

5/\$4

5-5.3 oz



Teccino
Organic
French Roast
Chicory Herbal Coffee

\$7⁹⁹

11 oz



Califia Farms
Better Half
Creamer

\$2⁴⁹

16.9 oz



Happy Baby
Organic Yogis

\$2⁹⁹

1 oz



Larabar
Fruit & Nut Bar

5/\$5

1.6-1.7 oz



Kicking Horse Coffee
Organic Coffee
(selected varieties)

\$7⁴⁹

10 oz



SweetLeaf
Sweet Drops
(selected varieties)

\$8⁴⁹

2 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

2 61701 333330 2/1/2019

February 2019

STORE HOURS:
Mon-Fri 7:30 am-9 pm
Sat-Sun 8 am-9 pm

Honey Mama's
Cacao-Nectar Bar

\$4⁷⁹
2.5 oz



Amy & Brian
Coconut Water
(selected varieties)

2/\$3
17.5 oz



Endangered Species
Chocolate Bar

2/\$4
3 oz



Health-Ade
Organic Kombucha

2/\$5
16 oz



Mamma Chia
Organic
Chia Squeeze

2/\$3
3.5 oz



Dr. Bronner's
Organic Virgin
Coconut Oil

\$7⁷⁹
14 oz



Sunspire
Organic
Chocolate Chips
(selected varieties)

\$3⁹⁹
9 oz



Pamela's
Baking &
Pancake Mix

\$5⁴⁹
24 oz



Go Raw
Organic
Sprouted
Cookies

\$3⁷⁹
3 oz



Munk Pack
Protein Cookie

3/\$5
2.96 oz



Stretch Island
Fruit Leather

39¢
.5 oz



Green & Black's
Organic
Chocolate Bar

\$2⁶⁹
3.5 oz



Panda
Licorice

2/\$6
7 oz



Brown Cow
Cream Top
Whole Milk
Yogurt

2/\$6
32 oz



Clif Bar
Organic Nut Butter
Filled Bar

4/\$5
1.76 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

61701 333330 2/1/2019 3



1266 Soquel Ave., Santa Cruz
831-423-8632 • www.staffoflifemarket.com

Jackson's Honest
Potato Chips



2/\$6
5 oz

GT's
Organic Multi-Serve
Kombucha
(selected varieties)



\$6⁹⁹
48 oz

Amy's
Pizza
(selected varieties)



\$5⁹⁹
12-14 oz

Taste Nirvana
Real Coconut Water
(selected varieties)



2/\$3
9.5 oz

KIND
Nuts & Spices Bar



3/\$4
1.4 oz

Theo
Organic
Chocolate Bar
(selected varieties)



2/\$4
3 oz

Barnana
Organic
Plantain Chips



\$3⁴⁹
5 oz

Annie's Homegrown
Organic
Mac & Cheese
(selected varieties)



2/\$5
6 oz

Simple Mills
Almond Flour
Crackers



\$3⁴⁹
4.25 oz

Chocolove
Chocolate Bar



2/\$5
2.9-3.2 oz

Siete
Grain Free
Tortilla Chips



\$3⁴⁹
5 oz

Blue Sky
Organic Soda



2/\$7
6/12 oz

Mary's Gone Crackers
Organic Original
Seed Crackers
(selected varieties)



\$3²⁹
5.5-6.5 oz

gimMe Organic
Organic
Seaweed Snack



2/\$3
.35 oz

Terra Chips
Sweet Potato
Chips



\$2⁶⁹
5.5-6 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

4 61701 333330 2/1/2019

February 2019

STORE HOURS:
Mon-Fri 7:30 am-9 pm
Sat-Sun 8 am-9 pm

Wolfgang Puck
Organic Soup
(selected varieties)



2/\$4
14.5 oz

Organic Valley
Organic Cheese Crumbles



\$3⁵⁹
4 oz

Muir Glen
Organic
Pasta Sauce



2/\$5
25.5 oz

Daiya
Dairy Free
Cheese Style
Shreds



\$2⁹⁹
7.1-8 oz

Spectrum
Organic Unrefined
Extra Virgin Olive Oil



\$9⁹⁹
25.4 oz

Mediterranean Organic
Organic Capers



\$2⁴⁹
3.5 oz

Muir Glen
Organic Tomatoes
(selected varieties)



2/\$4
28 oz

wildbrine
Probiotic Kimchi
Sriracha



\$3⁴⁹
8.5 oz

The Greek Gods
Greek-Style Yogurt
(selected varieties)



\$3²⁹
24 oz

Bragg
Organic Apple
Cider Vinegar



\$4²⁹
32 oz

Kettle
Potato Chips
(selected varieties)



2/\$4
5 oz

Lucini Italia
Organic
Pasta Sauce



\$6²⁹
25.5 oz

Late July
Clásico
Tortilla Chips



2/\$5
5.5 oz

C2O
Coconut Water



2/\$3
17.5 oz

Farmhouse Culture
Organic Gut Shots



\$4⁴⁹
16 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

61701 333330 2/1/2019 5



1266 Soquel Ave., Santa Cruz
831-423-8632 • www.staffoflifemarket.com



HEMP MAKES IT SUPER!



Booster Blue Smoothie

- 8 ice cubes
- 1 cup non-dairy beverage
- 1 1/2 cups fresh blueberries
- 2 tbsp. Manitoba Harvest Hemp Hearts
- 6 tbsp. Hemp Yeah! Plant Protein Blend - Any flavor

Place all ingredients in a blender and pulse until smooth and creamy. Pour into a glass and top with more blueberries and a sprinkle of Hemp Hearts.

Nutritious and easy to use, hemp is an excellent way to add protein and omegas to your favorite recipe.

www.manitobaharvest.com



Manitoba Harvest
Organic
Hemp Hearts



\$8⁴⁹
12 oz

Organic Valley
Organic
Lactose Free Milk



\$4⁶⁹
64 oz

Blue Diamond Artisan
Nut Thins
Multi-Seeds
(Assorted Varieties)

\$3³⁵
4.25 oz



Little Secrets
Dark Chocolate
Peanut Butter Snack
(Assorted Varieties)

\$1⁷⁵
1.5 oz



Cocomels Chocolate
Covered
Bites
(Assorted Varieties)

\$4¹⁹
3.5 oz



Taza Wicked Dark
Chocolate
(Assorted Varieties)

\$2⁹⁵
4.2 oz



Lucky
Spring
Rolls

\$3⁹⁹
8.5 oz



Sejovia
Cocoroons
(Assorted Varieties)

\$3⁷⁵
3 oz



Aura Cacia
Lavender
Essential Oil

\$8⁴⁹
.5 oz



Vega
Sport Premium
Protein

\$39⁹⁹
28.3-29.5 oz



Nature's Way
Umcka® ColdCare
Cherry Syrup

\$11⁹⁹
4 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.

6 61701 333330 2/1/2019

February 2019

STORE HOURS:
Mon-Fri 7:30 am-9 pm
Sat-Sun 8 am-9 pm

Nordic Naturals
Ultimate Omega



\$21⁹⁹
60 ct



NORDIC NATURALS*
Ultra-concentrated omega-3s
for unmatched support.*

Heritage Store
Rosewater
with Atomizer



\$4²⁹
4 oz

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Giovanni
Shampoo &
Conditioner
(selected varieties)



\$5⁹⁹
8.5 oz

Andalou Naturals
Body Lotion
(selected varieties)



\$6⁷⁹
8 oz

Alaffia
Everyday Coconut
Shampoo &
Conditioner



\$11⁹⁹
32 oz

Thayers
Witch Hazel
(selected varieties)



\$6⁹⁹
12 oz

Weleda
Skin Food
All Products



**35%
OFF**
2.5 oz

ShiKai
Borage Therapy
Original Formula
Lotion



\$8⁹⁹
8 oz

Mineral Fusion
Volumizing Mascara



\$15¹⁹
.57 oz

World Centric
Corn Starch Forks



\$1⁹⁹
24 ct

ECOS
All-Purpose
Cleaner
(selected varieties)



\$2⁵⁹
22 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.



1266 Soquel Ave., Santa Cruz • 831-423-8632 • www.staffoflifemarket.com

February 2019

STORE HOURS:
 Mon-Fri 7:30 am-9 pm
 Sat-Sun 8 am-9 pm

**Special Valentine's
Flowers
 in our Floral Dept.**

Local • Organic • Beautiful

**We now sell
 Vitamix Blenders**
 Model E310 in stock. Other models
 available to order.

Natural Factors
 Organic
 Oil of Oregano



\$16⁹⁹

1 oz

Garden of Life
 Raw Organic
 Protein Powder



\$29⁹⁹

568-664 g

New Chapter
 Wholemega™ Whole
 Fish Oil



\$19⁹⁹

60 sgel

MegaFood
 Blood Builder



\$12⁴⁹

30 tab

Oregon's Wild Harvest
 Turmeric



\$21⁹⁹

60 cap

Boiron
 Coldcalm



\$8⁴⁹

60 tab

Champion Elite 4000

JUICE FRUITS, VEGETABLES, WHEAT GRASS
 & LEAFY GREENS WITH EASE.

MAKE BABY FOOD, TOMATO SAUCE, NUT
 BUTTERS, FRUIT WHIP & APPLESAUCE -

IT HAS A GRATING FUNCTION TOO!

Buy Yours Today



